

# HILLSIDE AYURVEDA MEDICAL COLLEGE & HOSPITAL

#174/2, Saldoddi, Agara Village, Kanakapura road, Bengaluru 560082.

## TIME TABLE FOR 3<sup>RD</sup> PROF BAMS -W.F.F 10/04/2026

DAY	9:30-10:20Am	10:20-11:10Am	11:20-12:10pm	12:10-1:00pm	1-2 pm	2:00-2:50pm	2:50-3:40pm	3:40-4:30pm
MONDAY	SHALAKYA TANTRA DR. VIDYASRI R	SAMHITA ADHYAYANA 3 DR. MEGHANA	KAYACHIKITSA PRACTICALS DR. VASUNDARA (BATC H - A) SHALYATANTRA PRACTICALS DR. ANUSHA K (BATC H - B)	KAYACHIKITSA PRACTICALS DR. POOLA (BATC H - B) SHALYATANTRA PRACTICALS DR. PRIYANKA K (BATC H - A)	L U N C	KAUMARABHRIYA DR. AKSHATHA N	KAYACHIKITSA DR. POOLA	PTSR DR. RATNA
TUESDAY	PTSR DR. MAHESHWARI	SHALYATANTRA DR. ANUSHA K	KAYACHIKITSA PRACTICALS DR. POOLA (BATC H - B) SHALYATANTRA PRACTICALS DR. PRIYANKA K (BATC H - A)	KAYACHIKITSA PRACTICALS DR. POOLA (BATC H - B) SHALYATANTRA PRACTICALS DR. PRIYANKA K (BATC H - A)	H B R E A K	PANCHAKARMA DR. CHAITANYA	PANCHAKARMA PRACTICALS DR. DIVYA DEVADAŞ (BATC H - B) SHALAKYATANTRA PRACTICALS DR. MOHAMMED IRFAN (BATC H - A)	SHALAKYA TANTRA DR. MOHAMMED IRFAN
WEDNESDAY	KAYACHIKITSA DR. NITHYA	SAMHITA ADHYAYANA 3 DR. MEGHANA	KAUMARABHRIYA PRACTICALS DR. MEGHA (BATC H - A) PTSR PRACTICALS DR. MAHESHWARI (BATC H - B)	KAYACHIKITSA PRACTICALS DR. NITHYA (BATC H - B) SHALYATANTRA PRACTICALS DR. ANUSHA K (BATC H - A)	E A K	KAYACHIKITSA PRACTICALS DR. SHREELAKSMY (BATC H - A) SHALYATANTRA PRACTICALS DR. PRIYANKA K (BATC H - B)	KAUMARABHRIYA PRACTICALS DR. AKSHATHA N (BATC H - B) PTSR PRACTICALS DR. RATNA (BATC H - A)	KAYACHIKITSA DR. VASUNDARA
THURSDAY	SHALYATANTRA DR. ARVINDA SHENOY	PANCHAKARMA DR. DIVYA DEVADAS	KAYACHIKITSA PRACTICALS DR. NITHYA (BATC H - B) SHALYATANTRA PRACTICALS DR. ANUSHA K (BATC H - A)	KAYACHIKITSA PRACTICALS DR. NITHYA (BATC H - B) SHALYATANTRA PRACTICALS DR. ANUSHA K (BATC H - A)		KAUMARABHRIYA PRACTICALS DR. NISARGA (BATC H - A) SHALAKYATANTRA PRACTICALS DR. VIDYASRI R (BATC H - B)	PANCHAKARMA PRACTICALS DR. NISARGA (BATC H - A) SHALAKYATANTRA PRACTICALS DR. VIDYASRI R (BATC H - B)	KAYACHIKITSA DR. SHREELAKSMY
FRIDAY	SHALYATANTRA DR. PRIYANKA K	PTSR DR. AMBILY	KAUMARABHRIYA DR. ANOOSHE	SHALAKYA TANTRA DR. VIDYA M B		PANCHAKARMA PRACTICALS DR. NISARGA (BATC H - A) SHALAKYATANTRA PRACTICALS DR. VIDYASRI R (BATC H - B)	PANCHAKARMA PRACTICALS DR. NISARGA (BATC H - A) SHALAKYATANTRA PRACTICALS DR. VIDYASRI R (BATC H - B)	KAYACHIKITSA DR. SHREELAKSMY
SATURDAY	SHALYATANTRA DR. ARVINDA SHENOY	ATYAIKA CHIKITSA * DR. NITHYA	SAMHITA ADHYAYANA 3 DR. MEGHANA	PANCHAKARMA DR. NISARGA		RESEARCH METHADODOGY MR. CHANDRA SHEKAR	KAYACHIKITSA DR. POOLA	MENTOR MEETING

\* "ATYAIKACHIKITSA theory and practical classes shall be conducted on alternate weeks."

NOTE: "The second and third Saturdays of each month will be observed as holidays."

"Every first Saturday from 3:50-4:30pm - Vadatu Samskritam class"



**PRINCIPAL MEDICAL**  
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